

Chiropractic is safe, effective, and
NATURAL...

**“...the less medications taken by
a pregnant woman, the better it is
for her yet-to-be born child.”**

— Jason Rexroth, M.D., FACOG FACS,
OB-GYN Specialist

All Pregnant Women Should Read This!

If you are pregnant and suffering from neck or back pain, you need to look at chiropractic. Chiropractic can be the right alternative to living in pain or masking your discomfort with medication.

Jason Rexroth an M.D. OB-GYN recommends chiropractic as an alternative. He says, “I am very familiar with the chiropractic approach to health care. As an OB-GYN, I know chiropractic care is the best treatment for

common backaches and joint problems experienced by many women during pregnancy. I refer all my patients to doctors of chiropractic for these symptoms. As we all

know, the less medications taken by a pregnant woman, the better it is for her yet-to-be born child.

Over the years, I have seen the benefits of the care only a doctor of chiropractic can provide significantly reduce a pregnant mother’s reliance upon pain and narcotic medications.”

Pregnant mothers should consider chiropractic care. The body changes and forward weight bearing stress on the neck and back can especially be improved with chiropractic treatments. Sometimes all you need is an adjustment to bring better balance to your body, reduce pain symptoms without the need for drugs and allow your developing baby to grow into your future beautiful, healthy child.



Learn the facts about chiropractic care and its vital role in America’s well being. **Visit www.yes2chiropractic.com**

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