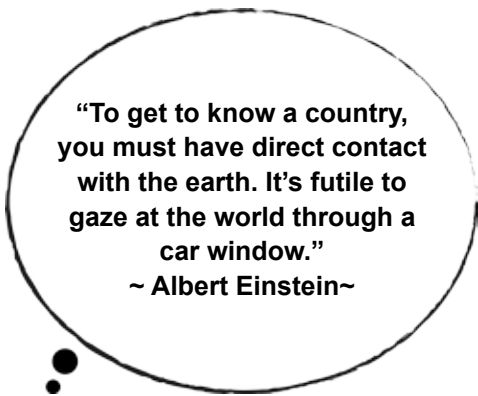


Spelling Error

Help us with our spelling... tell us about the spelling error and your name will be entered for a \$5 gift certificate drawing. You are welcome to leave a message on our voice mail if your call is after hours. Thanks to all of you who participate!

Congratulations to this month's Winner!
Clare



"To get to know a country, you must have direct contact with the earth. It's futile to gaze at the world through a car window."
~ Albert Einstein~



Quote to ponder...

Care To Share



A **BIG** thank you to all who are referring friends and family to us for care.



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Mark Your Calendar

Closings
Saturday 8/7



TRAVELING Ts

Please remember to take your CCC Ts along on your vacation. We would love to place even more pictures onto our wall!!



Health HACK



SAVE WILTING HERBS WITH AN ICE CUBE TRAY



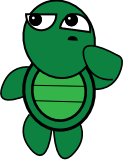
When your fresh herbs are on the way out (starting to turn brown or are wilting), don't toss them!

Instead, put chopped herbs in ice cube trays, fill with olive oil, and freeze.

Now you'll always have cubes ready for sautéing veggies and meat or tossing in sauces!

Source: (as seen on <https://gethealthyu.com/clever-life-hacks-improve-health/>)

THE CHIROPRACTIC SOCIETY OF WI (CSW) IS SEARCHING FOR A MASCOT FOR THIS YEAR'S CHIROKIDS DAY, AND WE KNOW JUST THE RIGHT PEOPLE TO HELP US...



YOU!

Help us design the mascot for ChiroKids Day. Who knows the amazing powers that chiropractic care has better than you?

We are asking patients, 18 years and younger, to help us design a mascot to promote ChiroKids Day. (scheduled for October 28)

Our question for you is: How does chiropractic make you feel?



Does it make you feel strong? Brave? Super? We want to know!

If you are 18 or younger, please submit your super-awesome-amazing drawing of how chiropractic makes you feel!! Contesters are welcome to use the submission form for the drawing, or they may use a separate sheet of paper as long as they have completed and attached the information section and wavier found on the submission form. All drawings must be returned to CCC Brookfield by August 28th. The top 3 mascots will be announced on CSW's Facebook on September 13th. At that point, YOU get to vote on the winning mascot to be used to promote chiropractic!



TEA IN THE CAFETERIA



Let's say you're in a crowded cafeteria, and you buy a cup of tea. As you're about to sit down you see your friend way across the room. So you put the tea down and walk across the room and talk to your friend for a few minutes. Now, coming back to your tea, are you just going to pick it up and drink it? Remember, this is a crowded place and you've left your tea unattended for several minutes. You've given anybody in that room access to your tea.

Why should your mind be any different? Turning on the TV, or uncritically absorbing mass publications every day – these activities allow access to our minds by "just anyone" – anyone who has an agenda, anyone with the resources to create a public image via popular media. Just because we read something or see something on TV doesn't mean it's true or worth knowing. So the idea here is, like the tea, perhaps the mind is also worth guarding, worth limiting access to it.

Source: *The Doctor Within*